

STRAWBERRY, RASPBERRY AND MELON SMOOTHIE



Preparation : 10 min - **Resting :** - - **Cooking :** - - **Equipment :** -

Ingredients : Serves 4

- 1 honeydew melon - 200 g raspberries - 200 g strawberries - 8 ice cubes

1. Discard the melon rind and seeds. Cut the flesh into pieces.
2. Wash and hull the strawberries. Rinse the raspberries and strawberries. Place all the ingredients in the blender jug, turn the selector to the "smoothie" setting and liquidise for 30 seconds.
3. Serve chilled.

Chef's tip :

you do not need to add ice cubes if you are using frozen raspberries.