

BREAKFAST



Preparation : 5 min - **Resting :** - - **Cooking :** - - **Equipment :** -

Ingredients : 2

- 1 handful raspberries - 1/2 banana - 125 g yoghurt - 120 ml orange juice - 1 tbsp honey - 1 handful porridge oats

1. Place all the ingredients in the blender jug, starting with the orange juice.
2. Turn the selector to the "smoothie" setting and liquidise for 30 seconds.

Chef's tip :

The ideal way to start your day.

Blender ■
POWER BLENDER ■