

APPLE, CARROT AND ORANGE

Preparation : 5 min - **Resting :** - - **Cooking :** - - **Equipment :** Juice extractor & SmoothieMix kit

Ingredients : 2 glasses

- 1 apple - 2 carrots - 2 oranges

1. Wash the fruit and vegetables. Top and tail the carrots, cut the apple into pieces and process them in the juicer. Set aside the juice.
2. Remove the juice extractor basket and attach the citrus press. Cut the oranges in half and juice using the large cone on the citrus press.
3. Mix all the juices in a cocktail shaker with crushed ice as required.
4. Serve chilled straightaway.

Chef's tip :

It's a must-have cocktail which everyone will enjoy! Add a stick of celery as a decorative touch..

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